

DOSAGE:

2 tbsp (15 grams) : *this bag contains a 2 week supply based on recommended dosage*

DIRECTIONS:

Option 1: Mix 2 tbsp of Elixir with 1 cup of hot or warm water and sweeten to taste.

Option 2: Add 1-2 tbsp of Elixir to your favourite shake/smoothie.

Option 3: Blend 2 tbsp of Elixir, 1 tbsp of hemp seeds, and sweeten to taste.

INGREDIENTS:

Cacao*, Lycium extract* (goji berry),
Lucuma*, Mesquite, Maca*, American
Ginseng extract*, Eleuthero extract*
(Siberian Ginseng), Cordyceps extract*

* *Organic*



ELIXIR DEVELOPED BY

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